


Obituaries

 **ALFRED ALBERT ARCAND, MD,** 91, of Coventry, passed away peacefully on April 2, 2026, surrounded by his family. He was married for 62 years to Louise (Parent) Arcand.

He graduated from St. Joseph College (The University of Moncton, New Brunswick, Canada) and received his MD from The University of Laval (Quebec, Canada). He enlisted in the Army in 1961 and served in Vietnam as a doctor. After receiving an honorable discharge in 1963, he moved to West Warwick, where he started his private medical practice. He remained in private practice until his retirement in 2012. He was affiliated with Kent County Memorial Hospital in Warwick and served as president of the medical staff from 1990-1992. Prior to his retirement, he served as director of VNA Hospice from 2007-2012.

He is survived by his wife, Louise Arcand; his six children: Dr. Michel Arcand and his wife Dominique Poulin of Chepachet; Dr. Paul Arcand and his wife Claudia of Sutton, MA; Dr. Albert Arcand and his wife Erica of East Greenwich; Dr. Helene Shea and her husband Scott of Rutland, MA; Dr. Denise Arcand and her husband Greg Pettinella of Ashburnham, MA; Dr. Nicole Arcand of Exeter; and 14 grandchildren. He was predeceased by his beloved son-in-law, Jim Fink (Nicole Arcand) and twin grandchildren Elsa and Ludger Fink.

Funeral arrangements were made at the Potvin-Quinn Funeral Home in West Warwick. A private mass and burial will be held later this year. In lieu of flowers, donations may be made to the Alzheimer's Association, P.O. Box 96011, Washington, DC 20090. ❖



 **THOMAS D. DELLA TORRE, MD,** 84, of Providence, passed away peacefully on April 2, 2026.

He was a graduate of Classical High School and Providence College, and earned his medical degree from the University of Bologna in 1968. He served his country as a Captain in the United States Army Reserve Medical Corps from 1971 to 1977.

For more than 40 years, Dr. Della Torre practiced as a compassionate ear, nose, and throat physician and surgeon at RI ENT. Patients and colleagues alike remembered him for his clinical skill, surgical expertise, and—most of all—his genuine warmth and heartfelt care.

In addition to his wife Grazia, he is survived by his loving children: Patricia “Tica” Della Torre and her husband David Burke of Stamford, CT; Elizabeth “Betty” Reger and her husband John of North Andover, MA; and Thomas “Tommy”



Della Torre, MD, and his wife Laura of Smithfield. He was the cherished grandfather of Michael Burke, Thomas, Giulia, and Matthew Della Torre, and James and Victoria Reger. He is also survived by his sister Elena Belluso and her husband Ricardo of Warwick, along with many cherished nieces and nephews.

Gifts may be made to the Dana-Farber Cancer Institute in memory of Thomas D. Della Torre, MD, to support cancer research and patient care at: Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284, or to the American Heart Association, PO Box 840692, Dallas, TX 75284-0692. Visit NardolilloFH.com for online condolences. ❖

KHODARAHM “RAMI” KHODARAHMI, MD,

96, died peacefully on April 1, 2026, in Arlington, Massachusetts. He was born on December 2, 1929, in Yazd, Iran. After completing medical school in Tehran, he embarked on an ambitious move across the world to New York City in 1958. During his training in radiology there, he was one of the first recipients of an award in nuclear medicine.

A career opportunity later took him to Vancouver, British Columbia, where he met his future wife, Judith, a nurse. The newlywed couple returned to New York in 1965, and later moved to Rhode Island.

He had a decades-long private radiology practice in Providence and was a well-known member of the medical community.

He is survived by his wife of 61 years, Judy; son John (Stephanie), daughters Sue (Steve Uccello) and Donna Wren, MD, (Christopher); and four grandchildren.

A celebration of his life will be held at a later date. In lieu of flowers, the family asks that donations be made to the Audubon Society of Rhode Island in his memory. ❖



JAMES “JIM” RUDOLPH, MD, father, physician, and reluctant visionary, died after a long illness on March 26, 2026. He is survived by his wife, Maura, of Wrentham, Massachusetts, and his children, Luke, Allison, and Erin.

Raised on Chicago’s south side, he studied at the University of Illinois at Urbana-Champaign, where he left electrical engineering for chemistry and biochemistry before entering Loyola University Chicago Stritch School of Medicine. There, a mentor in geriatric medicine set the course of his career. He completed his internal medicine residency at Brown University, and trained in geriatrics at Harvard, later returning to Rhode Island after 13 years in Boston.



Dr. Rudolph was a professor of medicine at The Warren Alpert Medical School of Brown University and professor of health services, policy and practice at the Brown University School of Public Health. At the Providence VA Medical Center, Dr. Rudolph served as director of the Center of Innovation in Long-Term Services and Supports. He also held appointments in Brown's Center for Gerontology and Healthcare Research. He held national leadership roles in geriatrics, palliative care, and patient safety, including directing VA research centers and co-founding the American Delirium Society. His work influenced CDC policy during COVID, and his mentorship shaped a generation of clinicians and researchers.

In 2024, Brown University awarded him the Beckwith Teaching Award. Less than two weeks before he passed, he was honored with the 2026 Dean's Award for Faculty Research Mentoring from the Alpert Medical School and The Dean's Award for Excellence in Mentoring in Public Health from the School of Public Health.

An avid runner, he completed four World Marathon Majors, more than 50 half marathons, and countless 5Ks. Diagnosed with myelofibrosis, he viewed illness as an unexpected gift, one

that allowed him to focus on family, meaning, and gratitude. He especially treasured time with his children during "evening ski" at the water.

He remained devoted to improving the lives of older adults until a second, more aggressive sarcoma cancer ended his life. He will be remembered for his humility, humor, mentorship, and unwavering dedication to family and service of older people.

In his memory, the family suggests a donation in his memory to causes he deeply supported:

- American Delirium Society – a community dedicated to reducing delirium-related suffering in hospitalized patients. He was a founding leader and longtime contributor. <https://american-delirium-society.org/donate>

- Helen (Sundall) Goyer RN Memorial Scholarship at Loyola University Chicago – supporting first-generation nursing students in honor of his grandmother. Donate: Helen Sundall Goyer Scholarship Donation (select "in memory of") <https://loyola-university-chicago3.my.site.com/ascendportal/s/give?appeal=26Y02>

He also believed strongly in the impact of blood donation—please consider donating blood in his honor. ❖