

**Building Practitioner Resilience in
Challenging Times**

Saturday, April 22, 2017

Registration closes on Friday, April 15, 2017

Attendee Name & Title (as preferred for name badge):

Primary Medical Specialty:

Email (required):

Office Address:

City, State, Zip:

Office Phone:

Registration Fees:

- \$25/ RIMS member (practitioner, practitioner assistant, medical student)
- \$100/ Non-member (practitioner)
- \$60/ Practitioner assistant, dentist, nurse, podiatrist, or medical group manager and office staff)

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No refunds will be issued for no shows. Cancellations accepted up to three days prior to the event.

Please mail your registration materials to:
RI Medical Society
c/o Catherine Norton
405 Promenade Street, Suite A
Providence, RI 02908



**RHODE ISLAND
MEDICAL SOCIETY**

405 Promenade Street, Suite A
Providence, RI 02908

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**RHODE ISLAND
MEDICAL SOCIETY
PRESENTS:**



**Building Practitioner
Resilience in
Challenging Times**

Saturday, April 22, 2017

9:00 am - 12:30 pm

Warwick Country Club

394 Narragansett Bay Avenue

Warwick, RI 02889



Building Practitioner Resilience in Challenging Times

Time pressures, a perceived lack of control over practice decisions, and the feeling of disconnection from colleagues are all drivers of practitioner dissatisfaction. These plus many other factors can lead to practitioner burnout.

This program is designed to provide participants with the tools to recognize the early warning signs that may lead to practitioner discontent. It will also help participants design a plan to enhance their well-being and resilience in these challenging times.

You are invited to join your colleagues in an interactive, problem-based approach to addressing this important issue.

– Russell Settipane, MD, Membership Committee CME Taskforce Chair



Course Objectives:

1. Recognize signs of discontent and burnout.
2. Describe the impact of practice stressors on practitioner health.
3. Design a plan that will enhance practitioners' well-being and resilience.

Program Agenda

9:00am Registration and Breakfast

9:30am Welcome

Russell Settipane, MD, Membership Committee CME Taskforce Chair

9:45am Burnout case discussions using a problem-based learning approach with group breakouts

At registration, attendees will be given a case of a practitioner in various stages of his/her profession who are experiencing effects of burnout.

Attendees will study the cases during breakfast. Dr. Settipane will then lead a group discussion on how attendees would handle the cases given their current knowledge.

Case 1:

- First major medical error.
- Juggling a young/new family and work.
- Difficult death.
- Unreasonable expectations from first job and a need to change.

Case 2:

- Career shift or negotiation.
- Job becomes too routine.
- Aging or ill parents, sandwich generation.

Case 3:

- Thoughts about retirement, concern about new stage in life, creating a new identity.
- How to ascertain whether the demands of the job are too much, or is there a way to scale down.

10:30am Refreshment Break

11:00 am Building Practitioner Resilience in Challenging Times Presentation

Elizabeth E. Flynn, MD, Psychiatry, Women's Medicine Collaborative

Laura McPeake, MD, Emergency Medicine, University Emergency Medicine Foundation

12:30pm Close of Program

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint-providership of Coverys and the Rhode Island Medical Society. Coverys is accredited by the ACCME to provide continuing medical education for physicians. Coverys designates this live activity for a maximum of **2.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

