



In partnership with



March 7, 2017  
8am to 4pm  
Crowne Plaza  
Warwick, RI

## Rhode Island's First Weight + Wellness Summit

Convening community resources to create a Rhode Island where healthful, affordable choices in food and physical activity are the natural daily default for all.

Who should attend? Healthcare professionals, policy makers, health advocates, educators, producers and purveyors of wholesome foods, nutritionists, community leaders, urban planners and everyone who has an interest in making regular exercise and sound nutrition convenient and affordable for all Rhode Islanders.

For more information contact Catherine Norton at the Rhode Island Medical Society: 401-443-2386 or [cnorton@rimed.org](mailto:cnorton@rimed.org)  
[rimed.org/weight+wellness.asp](http://rimed.org/weight+wellness.asp)

The summit's Luncheon Program and Mindfulness Demonstration sponsored by Blue Cross & Blue Shield of Rhode Island.



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