New Gateway Healthcare residential program opens
Treats mental health and substance use issues in adolescents

PROVIDENCE – Gateway Healthcare launched on Wednesday, November 4, the state’s only residential treatment program for adolescents struggling with both mental health and substance use issues. The new Caritas ARTS program provides cognitive behavior therapy designed to help youth learn skills to regulate and change behavior as well as prepare them to transition to the least restrictive level of care possible.

Located in Cranston, the residential program serves males and females ages 12 to 17. The average length of stay ranges from five to 15 days.

The program brings together two well-established Gateway programs. The Acute Residential Treatment Service (ARTS) has helped thousands of adolescents with mental health issues over the last 15 years, while the Caritas program has been a critical resource to patients with substance use problems for more than 40 years. The program – licensed for up to 16 patients – is staffed by a multidisciplinary team that includes a psychologist, a psychiatrist, nurses, master-level therapists and residential staff.

SELBY CONRAD, PhD, Gateway Healthcare’s clinical director of adolescent co-occurring disorders treatment, said the co-occurring treatment structure makes sense because whether the adolescent enters a program for mental health issues, substance use or co-occurring disorder the care team will provide a common therapeutic approach.

“Our ultimate goal is to build skills that help each patient transition to a lower level of care and reengage in their lives,” Conrad said.

The residential program complements inpatient and partial hospitalization programs already provided by Gateway and Lifespan partner Bradley Hospital. Leclerc expects patients to be referred to Caritas ARTS from programs from across the state as well as nearby Connecticut and Massachusetts.

Hasbro now offering minimally invasive pediatric urologic surgeries

PROVIDENCE – Hasbro Children’s Hospital now offers the only pediatric urology program in Rhode Island performing laparoscopic and robotic surgery.

These minimally invasive services will be offered by pediatric urologist LIZA AGUIAR, MD, who recently joined the hospital’s division of urology.

“Robotic surgery is a growing field in pediatric urology, and one that is incredibly valuable to our young patients,” said Dr. Aguiar. “We are able to make precise surgical maneuvers by taking advantage of technology that increases surgical dexterity, improves magnification and utilizes three-dimensional imagery.”

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- partial and total nephrectomy
- pyeloplasty for ureteropelvic junction obstruction (UPJ)
- vesicoureteral reflux
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