

# Practice into your 70's because you want to **NOT BECAUSE YOU HAVE TO.**



**At Baystate Financial** we think you're the one who should decide how long you work. And that means having a financial plan in place that supports your timing and allows you to enjoy retirement on your terms.

For more information please contact  
Brian Falconer at:  
**401-432-8836**  
[Bfalconer@baystatefinancial.com](mailto:Bfalconer@baystatefinancial.com)

No matter where you are in your medical career, chances are you're so focused on your patients and running your practice, that there's no time left for planning your financial future.

**That's where we come in.**

Baystate Financial has years of experience developing personalized financial strategies for physicians including:

- Retirement planning and investments
- Education funding
- Life, disability and long-term care insurance

There's no better feeling than knowing you have a solid plan in place that will take you right into retirement. And there's no one you can trust more to create that plan than a Baystate Financial advisor.

**Baystate Financial and the Rhode Island Medical Society look to offer good financial advice and quality, fee-based financial planning to all Rhode Island physicians.**

Visit our website today to learn more: [Baystatefinancial.com](http://Baystatefinancial.com)



**BAYSTATE**  
FINANCIAL

Guidance. Insight. Results.™



**RHODE ISLAND  
MEDICAL SOCIETY**

## Brown to launch Hassenfeld Child Health Innovation Institute

*Brown will match Hassenfeld family donation of \$12.5M to target asthma, obesity and autism*

MARY KORR  
RIMJ MANAGING EDITOR



Alan Hassenfeld, former Hasbro, Inc. Chairman and CEO, announced the \$12.5 million donation at the State House this week, along with Brown President Christina Paxson, Gov. Gina Raimondo and Thomas J. Tisch, Brown Chancellor.

PROVIDENCE – **ALAN HASSENFELD**, former Hasbro, Inc. Chairman and CEO and his family have donated \$12.5 million to create the Hassenfeld Child Health Innovation Institute, to be launched by Brown University in collaboration with Hasbro Children's Hospital and Women & Infants Hospital. Researchers from other institutions, such as Bradley and Butler hospitals, will also be partnering in what is hoped to be a transformative initiative in the lives and health of Rhode Island's children and families, as well as nationally and globally.

The gift was announced at the State House on Monday, Sept. 28. In opening remarks, Brown's President **CHRISTINA PAXSON** said the university will begin a fundraising effort to match that amount. The Institute will initially target three areas: asthma, obesity and autism, in the pregnancy through young adulthood populations.

"A single act of generosity can have an impact on generations," Paxson said of the Hassenfeld donation.

She recognized **DEAN TERRIE FOX**

**WETLE** of Brown's School of Public Health and **DEAN JACK ELIAS** of the Warren Alpert Medical School as instrumental in forging hospital and health-care systems partnerships that will contribute to the Institute's success.

Gov. Gina Raimondo pledged the support of the Dept. of Health and the Dept. of Human Services to provide the statewide data needed for research, and cited the launch as a model of a "high level of innovation which will help ignite the economy and contribute to the 21st century jobs we need here," she said.

"Children are our greatest natural resource," said Hassenfeld, a former Brown trustee, in his remarks. "We are all inspired by a common purpose. Our future is something we create, not that we inherit."

In a press statement, he further elaborated on his vision for the Institute. "My greatest hope is that when we look back 10, 20, 30 years, we will have created global solutions to alleviating some of these child health conditions. I know we can't remove them, but at

least we can put the dollars behind research that will develop innovative approaches that help us truly move the needle in significant ways."

The Institute will officially launch in 2016, led by Hasbro's pediatrician-in-chief and newcomer to the state, **DR. PHYLLIS DENNERY**, the Sylvia K. Hassenfeld Professor and Chair of Pediatrics at Brown; **DR. MAUREEN PHIPPS**, the Chace-Joukowsky Professor of Obstetrics and Gynecology at Brown, chair of the Department of Obstetrics and Gynecology, and executive chief of obstetrics and gynecology at Women & Infants Hospital; and **DR. PATRICK VIVIER**, the Royce Family Associate Professor of Teaching Excellence, associate professor of health services, policy and practice and of pediatrics at Brown, and director of general pediatrics and community health at Hasbro.

According to a Brown statement, the team will build a core research and evaluation unit with all the statistical, bioinformatic, genomic, epidemiologic, and medical expertise needed to conduct rigorous and effective studies of childhood health issues.

"The collaboration, partnerships, focus, dedication, and resources brought together to develop this initiative have set the stage for having a lasting, positive impact on the lives of children, families, and communities in Rhode Island," Dr. Phipps said.

"These initiatives are at the heart of pediatric health," Dr. Dennery said. "We have seen epidemics in all three areas and can attribute these in part to environmental factors facing vulnerable children and families. Clearly, the issues we have identified can be better addressed through targeted therapies and interventions. The institute will seamlessly coordinate our collective system-wide efforts to address these challenges." ❖

MICHAEL COHEA/BROWN UNIVERSITY

## Grant funds jail suicide intervention

*Brown University and Michigan State University will share a \$6.8 million federal grant to test an intervention to reduce suicides among people being released from jail.*

PROVIDENCE— Suicide risk is high among people in jail and even higher during the transition when they return home. With a new \$6.8-million grant, researchers at Brown University and Michigan State University will test whether a new intervention can help preserve the lives of people who are going through the system, often with mental health and substance abuse difficulties.

In the Suicide Prevention for at-Risk Individuals in Transition – SPIRIT – trial, the researchers plan to enroll 800 detainees as they leave either the Rhode Island Department of Corrections jail in Cranston or the Genesee County Jail in Flint, Mich. Participants will randomly be assigned to either standard care or the Safety Planning Intervention, conducted by trained community mental health center providers. Among people receiving both types of care, researchers will track improvements in suicidal behavior and psychiatric and substance abuse outcomes, as well as their use of community services and their re-arrest rates.

**LAUREN M. WEINSTOCK, PHD**, associate professor (research) of psychiatry and human behavior in the Alpert Medical School of Brown University, and **JENNIFER**

**E. JOHNSON**, the C.S. Mott Endowed Professor of Public Health at MSU's College of Human Medicine, are co-principal investigators on the study. Johnson is also an adjunct associate professor at Brown.

"We will be evaluating the effectiveness and cost-effectiveness of a Safety Planning Intervention, with telephone follow-up to problem-solve around stressors and to promote safety and community service utilization during the post-release period," said Weinstock, a clinical psychologist at Butler Hospital. "Given that roughly 10 percent of all suicides in the United States with known circumstances occur in the context of a recent criminal legal stressor, reducing suicide risk in the year after jail detention could have a noticeable impact on national suicide rates."

The four-year grant comes from the National Institute of Mental Health, the National Institutes of Health Office of Behavioral and Social Sciences Research, and the National Institute of Justice. ❖



Lauren M. Weinstock, PhD

BROWN UNIVERSITY

## Southcoast targets region's high AFib rate with prevention program

NEW BEDFORD, MASSACHUSETTS — Southcoast® Health recently launched a comprehensive Atrial Fibrillation Wellness and Stroke Prevention Program, designed to help identify high-risk patients and streamline their access to care, while offering them the tools to help prevent risk factors through education, exercise and lifestyle changes, and social supports.

The population of the South Coast region has a particularly high rate of AFib, said **NITESH A. SOOD, MD**, electrophysiologist at Southcoast Health.

The program aims to educate patients and the local physician community – including emergency department doctors and primary care physicians – to quickly diagnose and treat risk factors in patients and streamline a patient's referral to a cardiologist.

Because AFib can increase a patient's risk of stroke, the Atrial Fibrillation

Wellness and Stroke Prevention Program will assess patients' stroke risk and offer appropriate preventative medication or therapy, such as blood thinners. Additionally, Southcoast is among the first hospitals in New England to offer a new treatment option, the WATCHMAN Device. WATCHMAN is implanted in the heart as an alternative to blood thinners, for patients who may be experiencing problems with bleeding or who don't want to be on anticoagulants long-term.

Southcoast Health also performs advanced procedures to treat AFib – such as Cryo-ablation and Convergent Hybrid Ablation – but early identification is important. "The longer Atrial Fibrillation goes untreated, the worse it gets," Dr. Sood said. "If you are a candidate for the procedure, it should be done as soon as possible."

"While we have these procedures,

what really needs to happen is lifestyle modification to help with outcomes or to prevent patients from coming to us later needing these procedures," he added.

The patients in the Atrial Fibrillation Wellness and Stroke Prevention Program receive a three-month supervised fitness and exercise program at a minimal cost. The wellness initiative also includes:

- Regular support groups and a social media platform to share experiences
- Yoga and meditation classes
- Nutrition and cooking classes
- Access to a physician on call, 24/7

Additionally, Southcoast Health will collaborate with a sleep apnea program. "We will be able to have a sleep study done within 48 hours of a patient being seen in our program, to quickly diagnose and treat people with sleep apnea," Dr. Sood said. ❖

# Specialized financing

*for a successful practice.*

**STAYING COMPETITIVE** in today's changing healthcare environment can be a challenge. It may require investing in new technologies, expanding services, even merging with another practice.

**For the specialized financing you need to help keep your practice successful, contact Dev Singh at 401.688.3314 or [asingh@websterbank.com](mailto:asingh@websterbank.com).**

Webster Bank is a preferred banking partner for the members of



**RHODE ISLAND  
MEDICAL SOCIETY**



**LIVING UP TO YOU®**

All credit products, pricing and overdraft protection are subject to the normal credit approval process. Some applications may require further consideration and/or supplemental information. Certain terms and conditions may apply. SBA guaranteed products may also be subject to additional terms, conditions and fees. All loans/lines of credit require a Webster business checking account which must be opened prior to loan closing and which must be used for auto-deduct of payment. The Webster Symbol and Webster Bank are registered in the U.S. Patent and Trademark Office.

Webster Bank, N.A. Member FDIC, Equal Housing Lender   
©2015 Webster Financial Corporation. All rights reserved.



Pictured from left to right are: Mary Brown, 104; Sarah Phillips, MD, a third-year resident, Department of Family Medicine at Memorial Hospital; and Anna Testa, age 100. Both women are residents of Jeanne Jugan Residence in Pawtucket.

## Memorial's geriatric program prepares residents for expanding aging population

*RI has the highest percentage of adults 85 years of age and older in the US*

PAWTUCKET— Mary Brown, 104, a former World War II Army Corps nurse and public health official, who lives at the Jeanne Jugan Residence in Pawtucket, is just one of the older adults **SARAH PHILLIPS, MD**, has cared for in her three years of her family medicine residency at Memorial Hospital's Department of Family Medicine.

The curriculum in geriatrics includes clinical rotations in the acute care setting, assisted living, nursing and rehabilitation facilities as well as in the home setting. Family resident physicians conduct monthly home visits to older adults who have difficulty leaving their homes for primary medical care.

Family medicine and internal medicine residents also take part in interprofessional clinical team seminars in geriatric assessment which bring together health professional students in nursing, pharmacy, physical therapy and nutrition from the University of Rhode Island (URI), as well as social work and nursing students from Rhode Island College (RIC).

In Rhode Island – which has the highest percentage of adults 85 years of age and older in the country (U.S. Census, 2010) and ranked ninth for the proportion of those 65 and older (15.5%) in 2012 – the impact is exacerbated by

shortages of health care professionals including physicians, nurses, pharmacists, social workers and allied health professionals. Growth of the state's geriatrics population is outpacing the number of specialists equipped to address their needs.

With recent funding from the Health Resources & Services Administration (HRSA) Geriatric Workforce Enhancement Program, Memorial's interprofessional geriatric education program and clinical geriatrics program will expand to include other Care New England's operating units, URI, RIC, state primary care networks and community-based agencies.

**PHILIP CLARK, ScD**, a URI professor and director of the Rhode Island Geriatric Education Center, will lead the efforts to establish a statewide model of interprofessional team training in geriatric care to improve the quality of care of the state's older adults. **ALICIA CURTIN, PhD**, director of Geriatrics of Memorial's Department of Family Medicine, states, "We are excited about collaborating in this statewide initiative to meet the critical need of preparing health care professionals, caregivers, families and patients to care for our aging population." ❖

*Doctor's Choice*  
WE KNOW MEDICARE

**Are your patients asking you questions about Medicare?**

You refer to other specialists when it comes to difficult cases. Why not refer to Doctor's Choice to help your patients navigate their Medicare options?

Some things in life can be overwhelming no matter how smart you are. Medicare tends to be one of them. Often times, it only takes 30 minutes of one-on-one time with a knowledgeable professional to understand your Medicare options.

The best thing is that we're available to you and your patients at no cost.

Visit Us Online [DoctorsChoiceUSA.com](http://DoctorsChoiceUSA.com)

**SCHEDULE A  
CONSULT TODAY!  
401-404-7373**



## IS YOUR BUSINESS PREPARED?

Not many small businesses are ready to deal with the changes to health insurance, compliance, and human resources. HNI is ready to help provide you with the support you need to **focus on what really matters – your business.**

With over 20 years of experience in group benefits, we have the experience to advise on complex cases and we're small enough to keep a personal touch.

Visit us online @ [hniins.com](http://hniins.com) or find us on facebook!

**GET PREPARED TODAY:  
401-490-9100**



## Denise Coppa, PhD, URI nursing professor, awarded \$1.6M grant to partner with health agencies

*Key goals: graduate 109 new nurse practitioners, build faculty capacity*

KINGSTON – University of Rhode Island Nursing Professor **DENISE COPPA, PhD, RNP**, has been awarded a \$1.6 million federal grant to establish academic and clinical partnerships with two Rhode Island community health centers.

URI was one of 21 schools chosen from the 300 that applied nationally.

The federal Health Resources and Services Administration grant will support collaboration between URI's College of Nursing and Providence Community Health Centers and Thundermist Health Centers to improve advanced nursing practice and primary care access for medically underserved individuals, many of whom live in poverty. The centers will use clinical faculty from the College of Nursing to partner with their own nurse practitioners to mentor students in their agencies and patient homes. This mentoring will improve students' readiness to practice upon graduation.

The project also calls for the URI College of Nursing's Nurse Practitioner Programs, in partnership with these agencies, to prepare 109 family nurse practitioner and adult/gerontological nurse practitioner students over three years at either the master's degree or doctoral levels. Twenty-five percent of those enrolled will be from diverse and disadvantaged backgrounds.

At URI, nurse practitioner students are prepared at the master's degree or doctoral levels, and are eligible to become licensed primary care providers authorized to: order, perform and

interpret diagnostic tests such as lab work and X-rays; diagnose and treat acute and chronic conditions such as diabetes, high blood pressure, infections, and injuries; prescribe medications and other treatments and manage patients' overall care.

"This is an endorsement of our program," Coppa said. "All URI nurse practitioner students will be prepared to a high level of safe, quality, culturally fluent health care within the complex practice-based environment of the nation's evolving health care system. This grant project is a direct result of the Affordable Care Act, which is calling for new models that address access to primary care by underrepresented groups. We should be proud that URI is a leader in educating advanced practice nurses to provide this critical, comprehensive care, in collaboration with two well respected community health centers."

Since URI must demonstrate the effectiveness of the project to the federal government, Coppa and her team will be researching patient satisfaction with care, preceptor satisfaction, the level of competency among nurse practitioner students, patient outcomes, workforce development and enhancement of nurse practitioner clinical education.

The need for primary care is great



Denise Coppa, PhD, RNP

right now, as 70,000 Rhode Islanders have been added to the state Health Exchange, and there are still individuals without health insurance. Both groups are potential patients at the centers participating in the project.

The grant allows URI to hire four new nurse practitioner faculty members, two of whom will be assigned to Thundermist. Through the Woonsocket branch, the faculty members will provide primary care in patients' homes and oversee nurse practitioner candidates who will gain clinical proficiency during those visits. The other two will provide primary care and oversee students at the Providence Community Health Centers.

"The home visits resemble the public health models of the 1940s when nurses visited families in their homes and assessed the entire environment—health of family members, sanitation and home conditions," Coppa said.

Other major goals of the program are:

- Increasing by 36 percent the number of clinical placements for URI nurse practitioner programs due to a larger pool of experienced preceptors, allowing the College of Nursing to accept more students.
- Increasing the ability of the agencies to recruit nurse practitioner candidates in their last semester of study to participate in pre-graduate fellowships. ❖



# RHODE ISLAND'S REAL ESTATE COMPANY<sup>®</sup>



TORTOLA, BRITISH VIRGIN ISLANDS | \$5,950,000 | WEB ID: SG0025

LUXURY PORTFOLIO INTERNATIONAL<sup>®</sup>

## Local Experts, Global Reach

When selling your home, you need global exposure in addition to the strong marketing expertise we deliver locally. As an affiliate of Leading Real Estate Companies of the World<sup>®</sup>, we have the resources to market your property to the highest possible number of potential buyers. With 120,000 talented associates around the world, we expose your listing to buyers on six continents ensuring more eyes on your property.

When you list your luxury home with us, it is immediately promoted on:

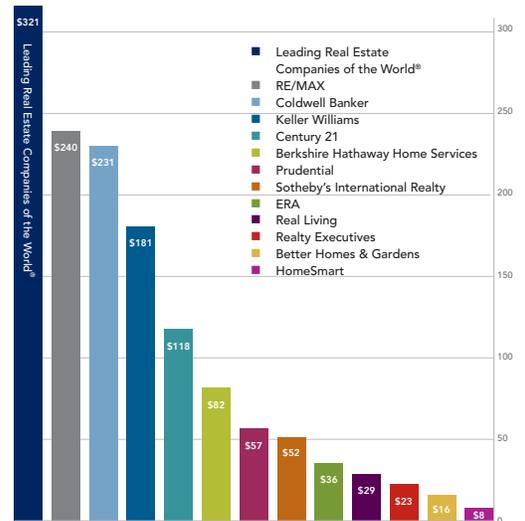
**WallStreetJournal.com** - reaching the WSJ's affluent online readership

**CountryLife.co.uk** - an ultrahigh-net-worth audience throughout the UK

**Juwai.com** - reaching the elusive wealthy Chinese buyer

**LeadingRE.com** - the exclusive property search of Leading Real Estate Companies of the World.<sup>®</sup>

MORE U.S. HOME SALES VOLUME IN 2014 THAN ANY NATIONAL REAL ESTATE BRAND  
Volume shown in billions of dollars



Actual member statistics for LeadingRE and estimates for other networks using average sales units per agent and average sales price for firms in each respective network from published sources for 2014 production.



Call Today to work with one of our dedicated agents.  
Buy or Sell with us and receive a **FREE HOME WARRANTY!**

Elizabeth Messier  
800-886-1775  
emessier@residentialproperties.com