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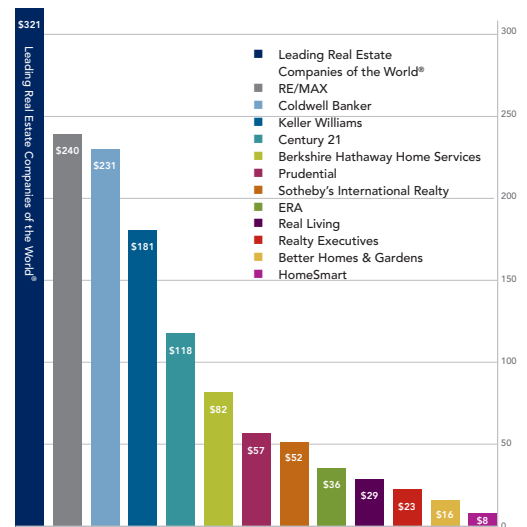
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## Recognition

### Dr. N. Joseph Espat recognized 'Top Cancer Doctor' by Newsweek

PROVIDENCE – **N. JOSEPH ESPAT, MD, MS, FACS**, Director of the Cancer Center at Roger Williams Medical Center, has been named one of the top cancer physicians in the United States in Newsweek's "Top Cancer Doctors 2015" list.

Newsweek, in conjunction with Castle Connolly Medical LTD, published the list of the "Top Cancer Doctors 2015" in a special cancer issue on July 23. Castle Connolly received nearly 100,000 peer nominations, from which 2,600 leading cancer specialists were selected for the "Top Cancer Doctors 2015" list.

In addition to serving as Director of the Cancer Center, Dr. Espat is also Chairman of the Department of Surgery and Chief of Surgical Oncology at Roger Williams. A Professor of Surgery and Assistant Dean of Clinical Affairs at Boston

University School of Medicine, Dr. Espat focuses his practice on Hepatobiliary and Surgical Oncology. Dr. Espat received his fellowship training at Memorial Sloan Kettering Cancer Center in New York. He completed residency and medical School at University of Florida College of Medicine.

His clinical expertise is in the areas of liver surgery, pancreas and bile duct surgery. Dr. Espat is board certified by the American Board of Surgery and has research interests in a number of areas including the effect of fatty acids on pancreas cancer growth and response to chemotherapy, chemo-sensitizing of pancreatic cancer, cancer-induced weight loss/metabolism, thermal means of tumor ablation, and biomaterials for tissue regeneration.



ROGER WILLIAMS MEDICAL CENTER

This "Top Cancer Doctors 2015" list was compiled through peer nominations and extensive research that Castle Connolly Medical LTD. has conducted for more than two decades. ❖

## Appointments

### Dr. Ruben Alvero named director of reproductive endocrinology and infertility at W&I

PROVIDENCE – Following a national search, **RUBEN ALVERO, MD, FACOG, FACS**, has been appointed director of the Division of Reproductive Endocrinology and Infertility (REI) in the Department of Obstetrics and Gynecology at Women & Infants Hospital and The Warren Alpert Medical School of Brown University.

Most recently, Dr. Alvero was the division director for REI and vice chairman for education in the Department of Obstetrics and Gynecology at the University of Colorado School of Medicine, where he was also a professor of obstetrics and gynecology. He is a founding member of the University of Colorado's Center for Surgical Innovation and served on its board of directors.

A graduate of Harvard University, Dr. Alvero earned his medical degree at the F. Edward Hebert School of Medicine, Uniformed Services University of the Health Sciences in Bethesda, MD. He completed a residency in obstetrics and gynecology at Walter Reed Army Medical Center in Washington, DC, and



WOMEN & INFANTS

a fellowship in reproductive endocrinology and infertility at the National Institutes of Health.

Named one of the Best Doctors in America by Best Doctors, Inc. since 2005, Dr. Alvero serves on the editorial boards of *Reproductive Medicine Insights* and *Clinical Medicine: Case Reports* and is a peer reviewer for *The Journal of Pharmacology and Experimental Therapeutics*, *American Journal of Obstetrics and Gynecology*, *Human Reproduction, Fertility and Sterility*, and *Obstetrics and Gynecology*.

A fellow of the American College of Obstetricians and Gynecologists and the American College of Surgeons, Dr. Alvero is a member of the American Society for Reproductive Medicine, the International Gynecologic Society, the National Hispanic Medical Association, the Society for Assisted Reproductive Technologies, the Society for Reproductive Endocrinology and Infertility, and the Society for Medical Decision-Making. ❖

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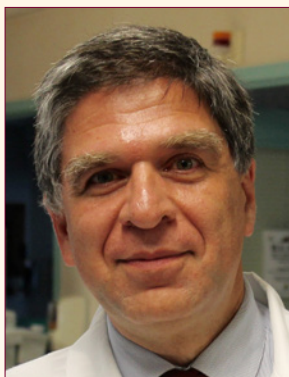


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## Appointments

### Dr. Raffi Calikyan named president of Fatima medical staff

NORTH PROVIDENCE – **RAFFI CALIKYAN, MD**, an internal medicine physician with specific training in pulmonology and critical care, has been named president of the Fatima Hospital medical staff. He has been a member of the Fatima Hospital medical staff since 1999.



FATIMA

Dr. Calikyan graduated medical school from Eberhard Karls University in Germany. He completed his residency in internal medicine at St. John's Episcopal Hospital in New York and his pulmonary and critical care residency from SUNY Health Science Center in Brooklyn.

Dr. Calikyan is board certified by the American Board of Internal Medicine with specific certification in critical care medicine and pulmonary disease.

"I am looking forward to this important role during an especially exciting and eventful time in health care," said Dr. Calikyan. "This is talented and dedicated medical staff committed to working with hospital leadership to ensure quality care is delivered at the highest level."

Dr. Calikyan is the chairperson of the Experience of Care committee at Fatima and is a member of the newly formed Advisory Quality Council. He is also a member of the Fatima Hospital board of directors. He is a resident of Barrington.

"Dr. Calikyan has a distinguished history of service to his patients and Fatima Hospital," said Thomas Hughes, President of Our Lady of Fatima Hospital. "We look forward to his leadership on a number of initiatives designed to improve both the method and delivery of care to our community." ❖

### Pulmonologist Samuel Evans, MD, joins Newport Hospital

NEWPORT – **SAMUEL EVANS, MD**, has joined the Newport Hospital medical staff as part of Newport Pulmonary Medicine. He began seeing patients on August 3.

Dr. Evans received his medical degree from SUNY Downstate College of Medicine in Brooklyn, New York. He completed his residency and a fellowship in pulmonary and critical care medicine at The Warren Alpert Medical School of Brown University and Rhode Island Hospital and is board certified in pulmonary and internal medicine.

"It's terrific to have Dr. Evans join the Newport Pulmonary Medicine team at Newport Hospital," said Crista F. Durand, president of Newport Hospital. "He is skilled in treating a wide range of pulmonary disorders – from



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airway problems such as asthma and chronic obstructive pulmonary disease (COPD) to more complicated diseases such as lung cancer and occupational lung disease – and his specialties include bronchoscopy, thoracentesis, and pleural catheter placement. Our patients will surely benefit from his expert specialty care."

Dr. Evans' clinical interests and expertise also include pleural conditions, shortness of breath, pulmonary vascular disease, sleep disorders, pulmonary fibrosis and diaphragm dysfunction.

"Helping people to breathe and live better by managing all types of simple and complex respiratory problems – this is why I became a pulmonologist," said Dr. Evans. ❖

### Mariah Stump, MD, joins Women's Medicine Collaborative

PROVIDENCE – The Women's Medicine Collaborative announced that **MARIAH STUMP, MD, MA, MPH**, has joined the Women's Primary Care team at the Women's Medicine Collaborative. She began seeing patients on July 1.

Dr. Stump received her medical degree from the University of Vermont College of Medicine in Burlington, Vermont, and a Master's degree in public health with a concentration in women's, reproductive, and adolescent health from Johns Hopkins University, Bloomberg School of Public Health in Baltimore, Maryland. She completed her residency at The Warren Alpert Medical School of Brown University.

"Dr. Stump has a wide range of clinical interests and skill sets, including lifestyle medicine, preventative medicine, and obstetric medicine. She fits perfectly with our Women's Primary Care team and the individualized care we give our patients," said Iris Tong, MD, FACP, director of Women's Primary Care at the Women's Medicine Collaborative.

Dr. Stump's research interests include medical education, particularly in the realm of developing evidence-based integrative medicine curricula. She is a certified instructor in Vinyasa yoga, or flow yoga, a health movement which involves a sequence of breath-synchronized movements.

"Proper nutrition, physical activity, and stress management are among some of the key lifestyle modifications that can play a very significant role in improving health and quality of life," Dr. Stump said. "In using evidence-based lifestyle medicine as one means for delivering personalized care for our patients and their families, we are able to improve their health and wellbeing." ❖



LIFESPAN

# University Orthopedics proudly welcomes three outstanding surgeons.



## **Valentin Antoci, MD**

Dr. Antoci is a Harvard fellowship trained orthopedic surgeon with a focus in adult reconstruction, hip and knee joint replacement, and a special interest in unicompartmental partial knee replacement, minimally invasive surgery, complex

reconstructions, failed total joints, preservation techniques, and trauma.



## **Alan Daniels, MD**

Dr. Daniels is a Brown University fellowship trained spine surgeon who specializes in complex spinal disorders. His practice focuses on patients who suffer from scoliosis, kyphosis, flatback syndrome, revision spinal surgery, degenerative spinal

disease, as well as spinal trauma and spinal tumors in adult and pediatric patients.



## **Aristides Cruz, Jr., MD**

Dr. Cruz is a board-certified orthopedic surgeon, specializing in the treatment of orthopedic conditions in children and adolescents. He completed a Pediatric Sports Fellowship from Children's Hospital of Philadelphia.

His areas of interest include

traumatic injuries and fracture care, treatment of pediatric and adolescent sports related conditions, and general pediatric orthopedics.

All three surgeons are on the faculty of the Alpert Medical School of Brown University and will perform surgery at Rhode Island Hospital, The Miriam Hospital, Newport Hospital and Hasbro Children's Hospital.

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## Appointments

### Physiatrist Josef Fields, DO, joins Newport Hospital

NEWPORT – Newport Hospital announced that **JOSEF FIELDS, DO**, has joined the Newport Hospital medical staff as part of Newport Physiatry. He began seeing patients on July 17.

Dr. Fields is a graduate of Cornell University and received his medical degree from the Lake Erie College of Osteopathic Medicine in Bradenton, Florida. He completed an internship at St. Petersburg General Hospital in St. Petersburg, Florida, and residency at New York University/Rusk Institute of Rehabilitation Medicine in New York City. He is a member of the American Academy of Physical Medicine and Rehabilitation and the American Osteopathic Association, and is board certified in osteopathic medicine.

Dr. Fields' areas of expertise include myofascial pain, musculoskeletal dysfunction, shoulder and knee injuries, hip pain, neck and back pain, neuropathic pain, rehabilitation therapy, electromyography, gait dysfunction, limb loss, wound care, and manipulative therapy or manual therapy used to treat musculoskeletal pain and disability. ❖

## Obituary

**OMPRAKASH HIRALAL KOTHARI, MD**, of East Greenwich, passed away August 20, surrounded by family and friends. Born in 1945 in Maharashtra, India, Dr. Kothari, or "Ko" as he was affectionately called by his colleagues and peers, immigrated to Rhode Island in 1973. He was an accomplished pathologist who worked for 40 years at the Kent County and Rhode Island Hospitals. He officially retired in 2013 after having served as Chief of the Pathology Department at Kent for 21 years.

In spite of his dedication to his work, his family always came first. Dr. Kothari is survived by his wife Renu, son Sunil, daughter Shilpa, and daughter-in-law Fei, in all of whom he instilled his profound love of the English dictionary, dessert, and his childhood home, Bombay. He was a kind soul and a wise friend who will be always remembered for the warmth and unwavering support he gave us.

In lieu of flowers, please send donations in his name to the Leukemia & Lymphoma Society Donor Services, PO Box 4072, Pittsfield, MA 01202.



### Joseph Lifrak, MD; Christopher Chihlas, MD, orthopedic surgery and sports medicine, join Southcoast Physicians Group

*Lifrak serves on medical staff for Providence Friars men's ice hockey team*

SWANSEA, MA – **JOSEPH LIFRAK, MD**, and **CHRISTOPHER CHIHLAS, MD**, orthopedic surgery and sports medicine, have joined the Southcoast Physician Group.

Dr. Lifrak is a member of the Providence College athletic program's medical staff, with specific responsibility as the team orthopedic physician for the Providence Friars men's ice hockey team.

He graduated cum laude with departmental honors in biology from Tulane University in New Orleans, and then earned his medical degree at the Brown University School of Medicine in Providence.

Dr. Lifrak completed a surgical internship and orthopedic residency at Brown University, Rhode Island Hospital. He then completed an orthopedic trauma fellowship at Rhode Island Hospital and a knee reconstruction/sports medicine fellowship at the Jewett Orthopedic Clinic in Winter Park, Florida. He is a member and past president of the Rhode Island Orthopedic Society.

His clinical interests are focused on sports medicine and knee reconstruction, including total knee replacements, ACL surgery and knee arthroscopy.

Dr. Chihlas received his medical degree at the Medical College of Virginia School of Medicine of Virginia Commonwealth University, Richmond, Va. He completed a general surgery internship and an orthopedic surgery residency with specialty training in foot and ankle surgery and served as the chief resident at the Medical College of Virginia Hospitals.

Dr. Chihlas is a member of the American Academy of Orthopaedic Surgeons, the American Orthopaedic Foot and Ankle Society, the American Medical Association and the Rhode Island Orthopedic Society. He is an adjunct clinical assistant Professor at Boston University School of Medicine.

He is board certified in orthopedic surgery. His clinical interests include orthopedic medicine and surgery and orthopedic fragility/osteoporosis with added expertise in foot and ankle conditions.

Prior to joining Southcoast Health, they practiced orthopedic surgery and sports medicine with Orthopedic Associates in Cranston, RI. ❖



Joseph Lifrak, MD



Christopher Chihlas, MD

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