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Task Specific Tremors

JOSEPH H. FRIEDMAN, MD

A patient reported bilateral hand tremors when writing but not with other tasks. These “task specific” tremors are considered subcategories of essential tremor. Primary writing tremor, in which the tremor occurs only with writing, is probably the most common. The important teaching point is that the “standard” tremor assessment, watching the patient holding a sustained posture and touching his finger to the examiner’s and then back to the nose is not adequate. Patients should be tested doing the activity that causes them the most difficulty.

Correspondence
Joseph H. Friedman, MD
RIMJ Editor-in-chief
joseph_friedman@brown.edu

The new IMAGES/VIDEOS IN CLINICAL MEDICINE Section is open for submissions. Original, high-resolution images and videos which have not been published elsewhere will be considered. In a separate Word document please include a brief title, legend (150 words or less) providing relevant clinical information, findings, clinical course, and response to treatment if initiated. Any identifying information should be removed from the image.

Please include authors’ names (limited to two authors), academic positions, address, email and telephone number.

Submissions should be sent to Dr. Joseph H. Friedman, editor-in-chief, joseph_friedman@brown.edu and Mary Korr, managing editor, mkorr@rimed.org.